



# PESI

**Professional Exam Services Inc.**

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## PATIENT COMPETENCY RATING (RELATIVE'S FORM)

PATIENT'S NAME: \_\_\_\_\_ AGE: \_\_\_\_\_ DATE: \_\_\_\_\_

Informant's relationship to patient (circle one):

- |           |                    |                 |
|-----------|--------------------|-----------------|
| 1. Mother | 5. Siblings        | 9. Cousin       |
| 2. Father | 6. Grandparent     | 10. Friend      |
| 3. Spouse | 7. Aunt or Uncle   | 11. In-Law      |
| 4. Child  | 8. Niece or Nephew | 12. Other _____ |

Gender of informant (circle one):    Male                      Female                      Informant's Age: \_\_\_\_\_

How well is informant acquainted with patient's behavior?

1. Hardly at all
2. Not so well
3. Fairly well
4. Pretty well
5. Very well

**Instructions:** The following is a questionnaire the tasks you to judge this person's ability to do a variety of very practical skills. Some of the questions may not apply directly to things they do often, but you are asked to complete each question as if it were something they "had to do." On each question, you should judge how easy or difficult a particular activity is for them and circle the appropriate number. PLEASE ANSWER ALL QUESTIONS.

Can't	Very	Can do	Fairly	Can do
Do	difficult	with some	easy	easily
	to do	difficulty	to do	

**How much problem does he/she have in:**

1. Preparing my own meals?	1	2	3	4	5
2. Dressing themselves?	1	2	3	4	5
3. Taking care of their personal hygiene?	1	2	3	4	5
4. Washing dishes?	1	2	3	4	5
5. Doing the laundry?	1	2	3	4	5
6. Taking care of their finances?	1	2	3	4	5
7. Keeping appointments on time?	1	2	3	4	5
8. Starting conversation in a group?	1	2	3	4	5
9. Staying involved in work activities?	1	2	3	4	5
10. Remembering what they had for dinner last night?	1	2	3	4	5



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## PATIENT COMPETENCY RATING (RELATIVE'S FORM)

**How much problem do I have in:**

11. Remembering names of people they see often?	1	2	3	4	5
12. Remembering their daily schedule?	1	2	3	4	5
13. Remembering important things they must do?	1	2	3	4	5
14. Driving a car if they had to?	1	2	3	4	5
15. Getting help when they're confused?	1	2	3	4	5
16. Adjusting to unexpected changes?	1	2	3	4	5
17. Handling arguments with people they know well?	1	2	3	4	5
18. Accepting criticism from other people?	1	2	3	4	5
19. Controlling crying?	1	2	3	4	5
21. Showing affection to people?	1	2	3	4	5
22. Participating in group activities?	1	2	3	4	5
23. Recognizing when something they say or do has upset someone else?	1	2	3	4	5
24. Scheduling daily activities?	1	2	3	4	5
25. Understanding new instructions?	1	2	3	4	5
26. Consistently meeting their daily responsibilities?	1	2	3	4	5
27. Controlling their temper when something upsets them?	1	2	3	4	5
28. Keeping from being depressed?	1	2	3	4	5
29. Keeping their emotions from affecting their ability to go about the days' activities?	1	2	3	4	5
30. Controlling their laughter?	1	2	3	4	5
31. Remaining awake & alert all day?	1	2	3	4	5
32. Paying attention and concentrating on what they have to do?	1	2	3	4	5
33. Thinking things through before doing them?	1	2	3	4	5



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34. Working at a fast pace?	1	2	3	4	5
35. Keeping themselves looking nice?	1	2	3	4	5
36. Keeping friends?	1	2	3	4	5
37. Developing or keeping good relationships with members of the opposite sex?	1	2	3	4	5
38. Finding interesting things to do with their spare time?	1	2	3	4	5